

SARAH HOUSE HAPPENINGS

What's going on in our 8 bedroom home

JULY 2011

VOL.3 ISSUE 1

Happy New
Year!
2011-2012

SARAH HOUSE CELEBRATING 20 YEARS

Like most organizations, Sarah House celebrates a new fiscal year every July 1st. However unlike most organizations, this fiscal year, 2011-2012, marks our 20th year of operation!

Though founded in 1989, we did not begin caring for residents until 1991, and thus all fiscal year long we will be celebrating 20 years of quality, dedicated, compassionate care for those most in need in our community.

Read on to hear about our Annual Meeting, Volunteer of the Year, and how we keep the Sarah House spirit alive throughout the year.



Caregivers Laura and Poppy say their goodbyes as they both leave Sarah House for new chapters in their lives. We will miss you both!



UPCOMING EVENTS

- ❖ Stay tuned for more information about our “**Rain Check Party,**” which we will extend to those supporters who were going to attend A Summer’s Day at Rancho San Julian before we had to cancel the event due to stormy weather. Contact Denise at denise@sarahhousesb.org with any questions regarding the party.
- ❖ **Blind Wine Tasting Party at Hope Ranch.** There are still a few more tickets available for this spectacular September party, part of our tradition of keeping the Sarah House spirit going all year round. Buy tickets and find details at: www.sarahhousesb.org/node/697

*If I had to describe Sarah House in three words, they would be
“Authentic, Loving, and Intense.”*

THE YEAR IN REVIEW AT SARAH HOUSE

Pat Matthews has been serving Sarah House for 2 years. I say “serving” not only because she tends to the needs of our residents with compassion and utmost care—a true servant’s heart—but because she is our Sunday night dinner volunteer, dishing up delicious meals to our residents every single week. Debbie, the House Manager, notes that it is almost as if Pat works at Sarah House, as she stays for an entire shift when she comes to volunteer—arriving early to prep the meal and staying long after to clear dishes and clean every crumb from the counter. Pat was overwhelmed, and nearly speechless, when she was awarded the prestigious “Volunteer of the Year” Award at the 2011 Sarah House Annual Meeting.

However when we did convince her to talk, she said that if she had to describe Sarah House in three words, they would be “Authentic, Loving, and Intense.” While sharing a meal with residents each week conjures many powerful memories, she tells us that there are “Truly too many, too many skills, talents, personalities, life experiences and beautiful moments to name just one.” She also tells us that she is “Grateful to be associated with Sarah House,” but truly, Pat, we are all too grateful to have you as a part of our home. Thank you for your service.



ANNUAL MEETING NOTES

- ❖ **Randy Sunday**, our Executive Director, opened the meeting with these wise words: “Some feel that being vulnerable is weakness, but like the wounded healer, for the loving caregiver, vulnerability—showing one’s heart—is our greatest strength. *All we do is based on a warm breath and the profound sharing of being human together.*”
- ❖ Two of our rooms at Sarah House were dedicated to long standing supporters **Hal Wallis** (of Wallis Foundation) and **Linda Lorenzen-Hughes** (who is the daughter of Sarah Shoresman, the namesake of Sarah House).
- ❖ We officially welcomed on three new Board Members: **Lori Lewis**, **Susan LeVine**, and **Fritz Krainer**, and said farewell to long time Board Member and events planning extraordinaire Kerrie Kilpatrick-Weinberg (don’t worry she will be back to help with Artizan’s Ball 2011!).
- ❖ We closed with the song “**Lo Acompaño En Su Dolor**,” composed by volunteers Tiffany and Justin Rizzo-Weaver. The staff has incorporated this poignant melody into their ritual bathing and honoring of each person’s body after he or she has died in the house. It was a beautiful and sweet closing for all.



Some of our dedicated volunteers and Assistant House Manager Stephen gather for their annual volunteer meeting

*“ I slept and dreamed that life was joy
I awoke and saw that life was service
I acted and discovered that service was joy”*

—Tagore

ARTIZAN'S BALL PARTIES: SUPPORTING SARAH HOUSE ALL YEAR LONG

*Below: Diana Cuttrell & Peter Clements of Dining with Di
cook up a fabulous 5 course meal for guests at Kerrie
Kilpatrick-Weinberg and Henry Weinberg's home*



*Above: Tea Party guests enjoying High Tea at Kerrie
Kilpatrick-Weinberg & Henry Weinberg's home.*



*Delicious Desserts by Dining with Di
www.diningwithdi.com*

Each year at Artizan's Ball, guests sign up to attend parties later in the year to keep the Sarah House spirit and support alive year-round. Other than the Mad Hatter's Tea party (featured above), popular parties include: Hope Ranch Blind Wine Tasting (upcoming), Dining with Di, and Pasta Making Luncheon with Alana Guinn (*Randy Sunday, Executive Director and Alana Guinn featured below*).



IN MEMORIAM

*Donations given on behalf of friends and former residents
(Donations made in July will be included in next newsletter)*

April to June 2011

For Alice— Jeanne Buenik, Mr. and Mrs. Martin Bobgan,
Mr. Glen Winter, Charles McNutt, Willina Campbell, Ruth
Uhrhammer, Mary Watson

For Bill— Mr. and Mrs. Herbert Goodrich

For Cheryl— Joan and Raymond Duh

For Cliff— Debbie Molner

For Ethel— Mike & Carol Hicks

For Evangelina— Michelle L. Vizzolini

For Mona— Birgitta Tegelberg

For Patricia— Myrna Craig, Carol M. Zoller, Emily Rankel

For Ron— Robert and Janet Thistle, Elliott Sachs

For Theron— Mr. and Mrs. Thomas Strout, Mrs. Irene
Hampton, Mr. and Mrs. William Neely

For Ursula— Ingrid Hale

**Note: We apologize for any In Memoriam Donations not
recognized on this list. Please contact
office@sarahhousesb.org with any questions or concerns.*



**We remember all of our Beloved Residents and Friends of
Sarah House who died in recent months:**

Ursula
Eva
Peggy
Cherie
Larry
Theron
Dottie
Sandy
Beverly
Ruth
David
Tula

COMPULSION

By A Resident Poet



If there were no poets left
I would write poetry
If there were none to smile at a line
Desperately written
I would write poetry
If poems were an art form, rare and
Largely forgotten, like wood carving
I would carve words
If everyone ignored what little poetry there is
On the bookshelves of America
I would write more
If every teacher chose to bury poems
Deep in their cabinet drawers
I would write more

If Walt Whitman were to fall off
The granite face of history, I would
Pick up his pieces and rebuild him
If Emily Dickinson became a difficult
Question on a game show, I would
Spray paint her poems on highways
If night ceased to burn fantasy in
A poet's eyes, fantasy enough to write
I would leave this world, exit
If the sea were to lose its amber hue
at sunset or the turquoise of its shore
Causing the poet to no longer
Ramble off lines to natural divinity
I would walk out the doors of my heart-beat

On second thought, I wouldn't
I would write poetry
I would write poetry

Support compassionate end-of-life care today by donating online at
www.sarahhousesb.org/donate or at P.O. Box 20031 Santa Barbara, CA 93120